

West Park Healthcare Centre Rehabilitation Programs & Services – Eligibility Criteria

Stroke & Neurological Rehabilitation

Adults (18+) who:

- Have recently experienced a stroke, or acquired brain injury (ABI) due to illness/accident or other neurological condition and would benefit from high intensity inpatient rehabilitation program;
- Are medically stable and able to participate in therapy up to 3 hours per day

Outpatient rehabilitation services are available to patients transitioning from our inpatient service, and to individuals who have sustained a mild stroke referred by acute care.

Patients may also be assessed for services and/or offered on-going support through our Spasticity Clinic and/or Acquired Brain Injury Clinic.

Acquired Brain Injury Behavioural Services

Adults (18+) with diagnosis of brain injury resulting in challenging behaviours who:

- Are medically stable
- Do not require immediate hospitalization for medical or psychiatric reasons
- Who are not be facing criminal charges

Services include a 6-bed inpatient rehab service, a Day Program, and Outreach services

Amputee Rehabilitation

Adults (18+) with limb amputations who:

- Are medically stable
- Have sufficient mental competence to participate in a high intensity inpatient rehabilitation program
- Have potential for improvement in functional independence by participating in a comprehensive rehabilitation program with or without the application of a prosthetic device - priority is given to amputees awaiting admission for prosthetic fitting
- Have adequate social support to enable return to the community

Prosthetic & Orthotic services, as well as Outpatient Rehabilitation are offered on-site.

Patients may also be assessed for services and offered on-going follow-up through our Amputee Clinic.

Musculoskeletal Rehabilitation

Adults (18+) who:

- Are medically stable
- Would benefit from high intensity inpatient rehabilitation related to a specific musculoskeletal diagnosis or condition, such as: complicated and/or bilateral hip and knee arthroplasties; arthroplasty revisions; more than one MSK pathology; extensive MSK trauma; non-surgical musculoskeletal conditions requiring rehabilitation (e.g., systemic lupus erythrematosis, rheumatoid arthritis, etc)

Outpatient Rehabilitation Services are available to patients transitioning from our inpatient service, and to individuals who have undergone primary unilateral knee or hip replacement (bundled care)

Respiratory Rehabilitation Program

Adults (18+) who:

Are recovering from COVID infection and who have on-going respiratory issues (no longer symptomatic with 2 negative swabs) – with or without underlying lung disease; OR

Have chronic obstructive and/or other restrictive lung diseases

- Are medically and mentally stable (in order to fully participate in an exercise program)
- Have the potential to improve their health or independence
- Are non-smokers (for at least three months prior to admission)
- Are able to return to living in the community upon completion of the program

Services offered include an inpatient rehabilitation program, Day Hospital, and Maintenance Program. Respiratory Diagnostic & Evaluation Services, including Sleep Lab, Pulmonary Functions Testing and Exercise Testing are also offered on-site

Tuberculosis Services

Adults (16+) with:

- Suspected or confirmed diagnosis of tuberculosis or other mycobacterial infection

In-patient treatment may be required if the patient has:

- Drug resistant or multi-drug resistant strain of TB
- A reaction to medication
- Associated conditions that make out-patient treatment not possible

Frail Seniors Transition to Home Program

Adults (65+) who:

- Are Frail Seniors with an established discharge destination in the community
- Have impaired pre-morbid functioning with recent acute decline/deconditioning, but not bed bound
- Have multi-system co-morbidities, particularly musculoskeletal, neurological, and/or vascular diseases/conditions
- Are medically stable (not requiring acute intervention/monitoring)
- Are able to tolerate a minimum of 1 hour of therapy per day
- Have sufficient cognitive ability and motivation to participate in rehabilitation. Clients with mild dementia can be supported
- Patients with infusion therapy can be supported
- Patients with surgical/post procedural wound drains
- Patients on hemodialysis or peritoneal dialysis may be supported
- Patients with visual or hearing impairments are supported

Exclusion Criteria

- Unmanaged responsive behaviours limiting the patient's ability to participate at the minimum level required by the rehab program
- Patients waiting for LTC
- Patients with enteral feeds
- Patients with tracheostomy
- Patients requiring ventilation (invasive/non-invasive)
- Patients requiring $>50\%$ Oxygen

For More Information:

For more information regarding our programs & services, and how to refer, please visit our web-site: www.westpark.org

Admitting Tel.: 416-243-3632; Fax: 416-243-8947

West Park Healthcare Centre

Complex Continuing Care

Programs & Services – Eligibility Criteria

Geriatric Functional Enhancement Service

Adults (55 year+) who:

- Are medically stable and have identified therapy goals prior to admission in at least two areas (physiotherapy, occupational therapy, speech language pathology, etc.)
- Have sufficient cognitive capacity to participate in goal-setting and are able to learn and retain therapy instructions/information
- Are able to tolerate and benefit from regular therapy interventions in a low intensity inpatient rehabilitation program
- Have an identified discharge destination (e.g. their own home, a retirement residence, long-term care home)

Additional Geriatric Service offerings include our Geriatric Interprofessional Assessment Clinic and our Seniors' Mental Health Services, which offers community-based specialized assessment & consultation.

Respiratory Complex Continuing Care

Adults (18+) who:

- Have severe chronic obstructive and/or other restrictive lung diseases and/or respiratory failure necessitating non-invasive ventilatory support
- Are medically stable
- Are non-smokers
- Are unable to live independently in the community
- Have care needs that exceed those available through community services or in a nursing home because of medical complexity (e.g. tracheostomy or feeding tubes)

Long-Term Ventilation Services

Adults (18+) who:

- Require on-going invasive ventilatory support due to chronic ventilatory failure
- Are non-smokers
- Are medically stable

West Park is a Centre of Excellence for Long-Term Ventilation. Service offerings include: inpatient complex continuing care (Chronic Assisted Ventilatory Care), Transitional Home Ventilation Service, and Long-Term Vent Outreach Services

General Complex Continuing Care

Adults (18+) who;

- Have a chronic or progressive illness whose potential for improvement is limited
- Are Medically stable
- Are unable to live independently in the community
- Have care needs that exceed those available through community services or in a nursing home because of medical complexity (e.g. tracheostomy or feeding tubes)

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