

Know Where to Go for Care in the Community



COVID, Cold and Flu Care Clinics

Go to a Central West Ontario Health Team COVID, Cold and Flu Care Clinic if you:

- Have moderate cold, flu or COVID-like symptoms (e.g., new or worsening cough, fever and/or chills, shortness of breath)
- Tested negative for COVID and continue to have cold, flu or COVID-like symptoms
- Need to see a doctor for an in-person visit to assess your symptoms

To book an appointment or learn more:
<https://bit.ly/CWOHT-CCFCC>



Virtual Urgent Care Available seven days a week

Use Virtual Urgent Care for non-life threatening illnesses or injuries:

- Minor injuries including cuts, sprains, head injuries
- New abdominal pain, nausea, vomiting
- Cough, nasal congestion, cold symptoms
- Questions about COVID-19 symptoms

When necessary, the physician will order diagnostics (e.g., x-ray, CT scan or lab tests), prescribe drugs or treatment, and/or refer you to another specialist, and may direct you to the closest Emergency Department.

To book an appointment or learn more:
www.williamoslerhs.ca/virtual-urgent-care



Urgent Care Centre at Peel Memorial Available seven days a week

Use the Urgent Care Centre for non-life threatening illnesses or injuries:

- Sprains, strains or broken bones
- Allergic reactions or skin rashes
- Asthma attacks
- Minor burns
- Cuts that might need stitches
- Earaches or eye injuries
- Fevers (in infants older than three months), coughs and colds
- Infections
- Nose and throat complaints

To learn more, visit:
www.williamoslerhs.ca/emergency-and-urgent-care



Osler's Emergency Departments Open 24 hours a day, every day

Go to an ED for medical emergencies and serious injuries or conditions:

- Chest pain or abdominal pain
- Shortness of breath
- Internal bleeding
- Numbness or weakness in arms or hands
- Major trauma
- Mental health issues
- Fever in infants three months old and younger
- Pregnancy-related emergencies
- Seizures or stroke symptoms

To learn more, visit:
www.williamoslerhs.ca/emergency-and-urgent-care