

RECOGNIZING THE CHANGE

IN RESIDENT CONDITION TO PREVENT DETERIORATION



What is THE CHANGE?

THE CHANGE is any *change* in the resident's baseline health, behavior and/or level of functioning

Why is THE CHANGE important?

- May be a sign that the resident is becoming unwell
- Early recognition means treatment can be started early and prevent further deterioration/consequences

The SOONER the BETTER!

When in doubt

CALL the Nurse Practitioner-Led Outreach Team (NLOT)

What has CHANGED?	Possible causes	Frontline Interventions
Altered level of consciousness Altered level of alertness	<ul style="list-style-type: none"> - Infection (Respiratory/Urinary most common) - Cardiac (CHF) - Electrolyte abnormalities - Dehydration - Stroke 	<ul style="list-style-type: none"> - Vitals monitoring - Hydrate as tolerated (HOB > 90 degrees) - CALL MD/NP
Shortness of Breath	<ul style="list-style-type: none"> - Respiratory infection (pneumonia) - CHF exacerbation - COPD exacerbation 	<ul style="list-style-type: none"> - Vitals monitoring - Supplemental O2 if SpO2 < 92% (88% w/ COPD) - HOB > 90 degrees - CALL MD/NP
Abdominal Pain Diarrhea Vomiting/Nausea (N/V)	<ul style="list-style-type: none"> - CONSTIPATION (N/V) - Urinary infection/retention - Obstruction/Ileus (N/V) - C-Diff (Diarrhea) - Cholecystitis/Pancreatitis - Appendicitis - Diverticulitis 	<ul style="list-style-type: none"> - Vitals monitoring - Limit solids if vomiting (push fluids as tolerated) - Check BOWEL history <ul style="list-style-type: none"> o Follow bowel protocol if constipated
Genitourinary Changes (Urine)	<ul style="list-style-type: none"> - Infection (associated w/ changes in color/smell and frequency) 	<ul style="list-style-type: none"> - Vitals monitoring - Note color/appearance

Diabetes		
Condition	Signs/Symptoms	Frontline Interventions
Hypoglycemia	<ul style="list-style-type: none"> - Hunger - Irritability - Fatigue - Sweating - ↓ Level of alertness - Confusion - Headache - Rigors (Shaking) 	<ul style="list-style-type: none"> - Vitals monitoring - Follow Hypoglycemia protocol if in place <ul style="list-style-type: none"> o Provide carbohydrates
Hyperglycemia	<ul style="list-style-type: none"> - Extreme thirst - Dry mouth - Weakness/Lethargy - Frequent urination - Blurry vision - Nausea - Confusion 	<ul style="list-style-type: none"> - Vitals monitoring - CALL MD for supplemental Insulin orders