

Are you considering sending your patient to the emergency room for a psychiatry assessment?



Through SCOPE you can access Mental Health+ where a knowledgeable mental health nurse can help provide you with community and acute care mental health supports, including access to the new Urgent Psychiatry Clinic at William Osler Health System. For patients that meet the following criteria, the Urgent Psychiatry Clinic can provide expedited access to a one time psychiatry consult within 7 days:

For patients under 18 years old:

- Psychosis no acute safety risks
- Rapid decline in functioning over a short period of time [including issues with school attendance / ADLs] but no acute safety risk
- Violence towards self or others
- Suicidal ideation plus additional high risk item including previous suicide attempt, recent traumatic event or colleague/family member that committed suicide [may require additional decision from on-call]
- Patient with elevated risk of suicide but do not meet the criteria for forming

For patients over 18 years old:

- In need of assessment, inability to care for self/unable to function [not eating, not meeting ADLs], but no acute safety risk [severe not contributing to safety concerns]
- Rapid decline but not responding to medications and no acute safety risk
- E.g. paranoia with depression or delusions that are impacting ADLs
- Dementia BPSD
- Post partum [severe]
- Psychosis [no safety concerns] forming

What to do when your patient meets the criteria:

Call SCOPE at 416-494-6686 and Press 2 to speak to the mental health nurse. The mental health nurse will review your case with you, and walk you through next steps. Additional questions? Email the SCOPE team at scope@centralwestoht.ca or call the SCOPE line to speak to the mental health nurse directly at 416-494-6686 and Press 2.